

# *The BodyZone™*

Fitted Heated Blanket  
Instruction Book



**Breville®**



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## BREVILLE RECOMMENDS SAFETY FIRST

**At Breville, we believe that safe performance is the first priority in any consumer product, so that you, our valued customer can confidently use and trust our products. We ask that any electrical appliance that you use be operated in a sensible fashion with due care and attention placed on the following important operating instructions.**

## IMPORTANT SAFEGUARDS

### READ ALL INSTRUCTIONS BEFORE USE AND SAVE FOR FUTURE REFERENCE

- Carefully read all instructions before operating the BodyZone by Breville heated blanket and save for future reference.
- Remove any packaging material and promotional stickers before using the heated blanket for the first time.
- Use the heated blanket only with the detachable controller supplied. Refer to the markings on the heating unit or the table on page 8 of this instruction book, for the model number of the controller.
- Connect only to 230V or 240V power outlet.
- Use this blanket as an under blanket only.
- Not recommended for futons or similar folding bedding systems.
- This blanket is not recommended to be used on an adjustable bed. If used on an adjustable bed, check that the blanket or cord cannot become caught, creased, kinked or damaged in any way.

- Make sure that the heating area (wire element) on any side of the bed does not hang over the edge of the mattress and that the following instructions are read carefully before using the blanket.
- Do not attempt to expose the internal wires.
- Do not use this blanket with an infant, an infirm person or anyone insensitive to heat.
- Use only for human use, not for pets.
- Overly extended application at a high setting can result in skin irritation or burns.
- Children under the age of three are not to use this heating blanket due to their inability to react to overheating.
- The heated blanket is not to be used by young children over the age of three unless the controls have been pre-set by a parent or guardian, or unless the child has been adequately instructed on how to operate the controls safely.
- Avoid sharp objects. Do not insert pins or any sharp objects into the heated blanket as they may damage the electrical wiring.
- Do not use folded, rucked or rolled.
- Do not tuck in blanket itself – only fitted skirt should be tucked in under mattress.
- Do not use creased, folded or damaged in any way.
- Keep control unit away from an open window.
- Be sure that this blanket is used only on an alternating current supply circuit of correct voltage.
- The flexible power supply cord and controller must, as far as practicable, be kept outside the bed.
- Be sure that the heated blanket is installed so that at all times the flexible supply plug is adjacent and accessible to the main power outlet.
- Do not use the heated blanket if it is wet.
- Switch off at the power outlet and remove plug when this blanket is not in actual use.
- This blanket must be kept in the fully spread condition at all times during use to avoid overheating. It is imperative that the blanket be frequently inspected to ensure that this condition is being maintained.

- Regularly inspect the heated blanket, power supply cord, plug and controller for any wear, damage or misuse. If signs of these are detected, immediately cease use of the appliance and return the entire unit to your nearest Breville Service Centre for examination, replacement or repair.
- Bed clothes should not be folded back when the blanket is switched on. Do not leave heavy objects on the bed when the unit is switched on.
- Arrange the blanket so that the heating wires are not beneath pillows and/or bolsters.
- Person suffering from bed-wetting should only use product specifically designed for this condition.
- The blanket must not be used over or under a waterbed.
- If any abnormality or defect in operation of this blanket is observed, discontinue its use immediately and consult the manufacture or a licensed electrician.
- It is recommended that a qualified and registered person inspect the heated blanket after each 3 years of use.
- There are no customer serviceable parts inside. The heated blanket is fitted with a specially designed controller and no attempt should be made to repair it or to replace the protective fuse. Have the heated blanket serviced only by a qualified service agent at your nearest Breville Service Centre.
- When storing the heated blanket, allow it to cool down before folding.
- When storing, fold neatly, but not tightly (or roll) in the original packaging without sharp bends in the heating element and store where no other objects will be placed upon it.
- Do not dry clean this blanket. Cleaning liquids may have a deleterious effect on the insulation covering of the heating unit. It is recommended to follow instructions for localized soiling or washing if soiling occurs. Please refer to Care and Maintenance instructions.
- This appliance is for domestic use only. Not intended for medical use in hospitals.
- Avoid pressing creases into the heated blanket.

## IMPORTANT SAFEGUARDS FOR ALL ELECTRICAL APPLIANCES

- Fully unwind the power cord before use.
- Connect only to a 230V or 240V power outlet.
- Do not let the power cord hang over the edge of a bench or table, touch hot surfaces or become knotted.
- To protect against electric shock, do not immerse the power cord, power plug or appliance in water or any other liquid or allow moisture to come in contact with the part, unless it is recommended in the cleaning instructions.
- The appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- It is recommended to regularly inspect the appliance. To avoid a hazard, do not use the appliance if power cord, power plug or appliance becomes damaged in any way. Return the entire appliance to the nearest authorised Breville Service Centre for examination and/or repair.
- Any maintenance other than cleaning should be performed at an authorised Breville Service Centre.
- This appliance is for household use only. Do not use this appliance for anything other than its intended use. Do not use in moving vehicles or boats. Do not use outdoors. **Misuse may cause injury.**
- The installation of a residual current device (safety switch) is recommended to provide additional safety protection when using electrical appliances. It is advisable that a safety switch with a rated residual operating current not exceeding 30mA be installed in the electrical circuit supplying the appliance. See your electrician for professional advice.

- Always turn the appliance to the OFF position, switch off at the power outlet and unplug at the power outlet when the appliance is not in use.
- Before cleaning, always turn the appliance to the OFF position, switch off at the power outlet, unplug at the power outlet and remove the power cord, if detachable, from the appliance and allow all parts to cool.
- Do not place this appliance on or near a heat source, such as hot plate, oven or heaters.
- Position the appliance at a minimum distance of 20cm away from walls, curtains and other heat or steam sensitive materials and provide adequate space above and on all sides for air circulation.

**FOR HOUSEHOLD USE ONLY  
SAVE THESE INSTRUCTIONS**



## Components

Breville BodyZone Fitted Heated Blanket range includes the following models:

BodyZone Antibacterial Heated Blanket				
Model	Mattress	Size WxL (approx)	Removable Cover	Skirt Size
BZB417WHT	Single / King Single	1050 x 2000mm	No cover	400mm
BZB427WHT	Double	1380 x 1870mm	No cover	450mm
BZB437WHT	Queen	1520 x 2000mm	No cover	450mm
BZB457WHT	King	1780 x 2000mm	No cover	450mm
BZB467WHT	Super King	2000 x 2000mm	No cover	450mm

BodyZone Antibacterial Heated Blanket with Removable Quilted Cover				
Model	Mattress	Size WxL (approx)	Removable Cover	Skirt Size
BZB517WHT	Single / King Single	1050 x 2000mm	Quilted cover	400mm
BZB527WHT	Double	1380 x 1870mm	Quilted cover	450mm
BZB537WHT	Queen	1520 x 2000mm	Quilted cover	450mm
BZB557WHT	King	1780 x 2000mm	Quilted cover	450mm
BZB567WHT	Super King	2000 x 2000mm	Quilted cover	450mm

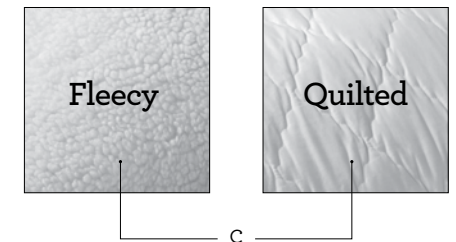
BodyZone Antibacterial Heated Blanket with Removable Fleecy Cover				
Model	Mattress	Size WxL (approx)	Removable Cover	Skirt Size
BZB617WHT	Single / King Single	1050 x 2000mm	Fleecy cover	400mm
BZB627WHT	Double	1380 x 1870mm	Fleecy cover	450mm
BZB637WHT	Queen	1520 x 2000mm	Fleecy cover	450mm
BZB657WHT	King	1780 x 2000mm	Fleecy cover	450mm
BZB667WHT	Super King	2000 x 2000mm	Fleecy cover	450mm

BodyZone Controllers	
Model	Suits
CTL153	For all Double and Queen models
CTL154	For all Single/King Single, King and Super King models

## BODYZONE ANTIBACTERIAL BLANKET



- A. Machine-washable, antibacterial heated blanket
- B. Fully fitted design with skirt
- C. Removable cover (if applicable) for added comfort and mattress protection easily snap-fastens to the heated blanket and is simple to remove for cleaning:
- Fleecy cover
  - Quilted cotton cover



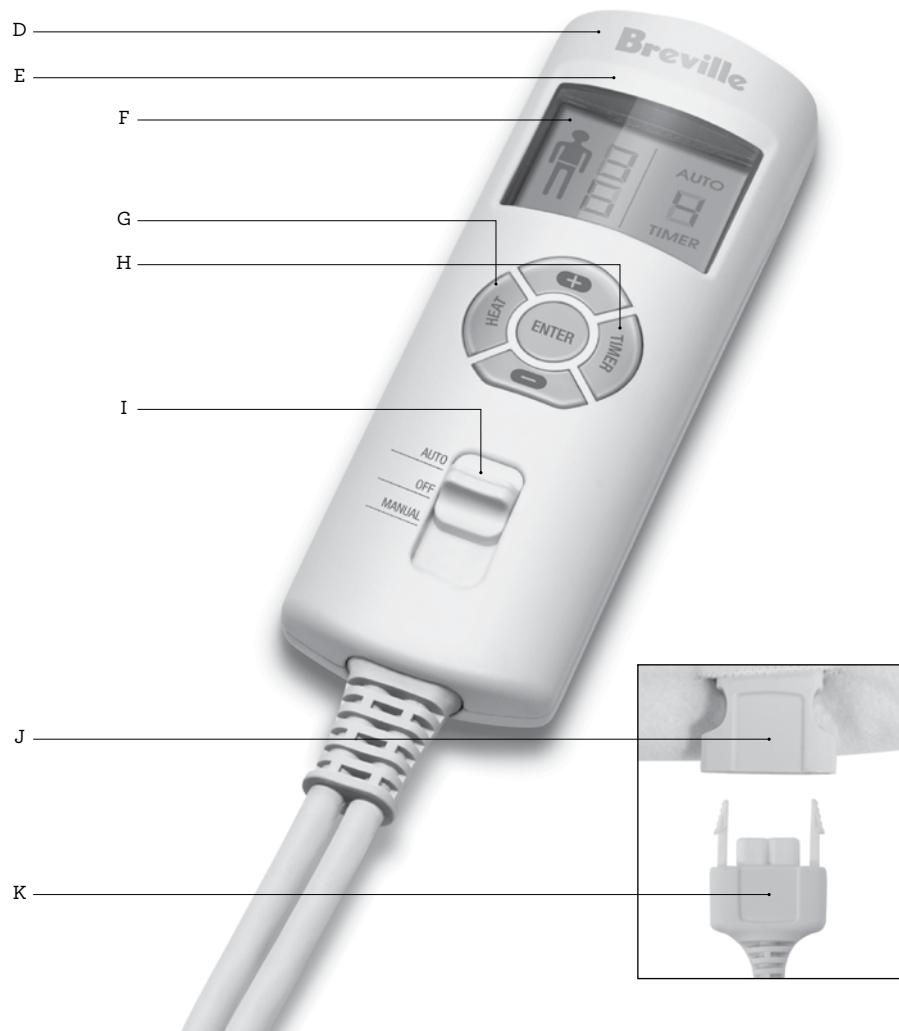
### Not Shown:

- Flexible heating wire
- Safety overheat protection
- Reusable poly bag: ideal for storing the heated blanket and controller when not in use

## BODYZONE CONTROLLER

- D. **Detachable controller:** dual controllers for all Double/Queen/King/Super King models
- E. **BodyZone heat technology:** provides individual heat settings for both your upper and lower body for ultimate comfort control
- F. **LCD screen:** illuminates when programming settings and dims when set
- G. **6 heat settings:** allows you to choose a different comfort heat setting for both upper and lower body

- H. **Auto-off timer:** can be pre-programmed to turn the blanket off after a set number of hours
- I. **Choice of Manual or Auto setting:**
  - a) Manual setting: to select body zone heat settings and auto-off time
  - b) Auto setting: Remembers the last heat and auto-off settings programmed
- J. **Controller socket attached to the heated blanket:** dual sockets for all Double/Queen/King/Super King models
- K. **Controller plug:** attaches to the controller socket and is easy to remove for storing



## Functions

### BEFORE FIRST USE

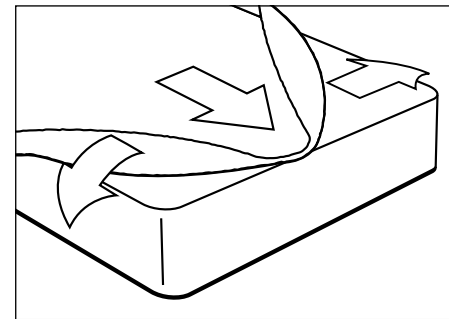
Remove any promotional material and packaging from the heated blanket.

### SECURING YOUR FITTED HEATED BLANKET

Unfold the heated blanket and lay it flat on the mattress, ensuring that the skirt is aligned with the corresponding edges. Ensure that the controller socket(s) is facing up and positioned at the top end of the mattress.

Ensure that the heating wire section on the blankets is clear of the pillow and does not hang over the sides of the mattress.

Pull the elastic inside the fitted skirt over the ends of the mattress. Ensure to pull the middle of the blanket so that it is evenly stretched and distributed over the entire mattress, ensuring there are no creases or rucking.

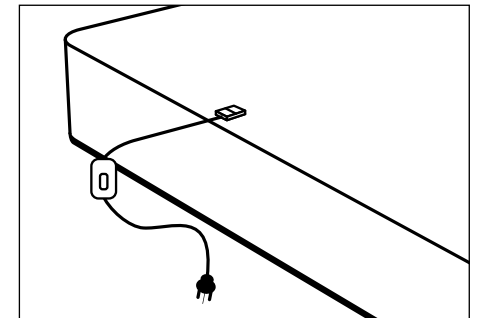


### NOTE

The heated blanket must not be wider than the mattress with which it is to be used. It is normal for a small section of the fitted skirt to be showing on top of a larger sized mattress.

No heating wire must be trapped or tucked into any part of the bed. The heating wire should not hang over the sides of the mattress. Ensure the elastic of the blanket skirt is completely under the entire mattress and secure.

When fitted to the mattress correctly, the controller socket(s) should be positioned at the top end of the mattress, near occupants shoulder area.



### NOTE

Ensure that the blankets is stretched completely flat when placed on the mattress and creases or rucking is not evident.



### CAUTION

No heating wire must be trapped or tucked into any part of the bed.

Ensure that when the blanket is fitted onto the mattress the controller(s) and flexible power supply cord are outside of the bed coverings and located in a position that will prevent accidental damage to the housing and cords.

Use this blanket as an under blanket and do not use above the occupant of the bed.

## FITTING THE REMOVABLE COVERS (ONLY AVAILABLE ON DESIGNATED MODELS)

Ensure the heated blanket is correctly fitted to the mattress before fitting the removable cover (if applicable).

When fixing the removable cover to the heated blanket, ensure the fleecy or quilted cover is facing upwards with the studs facing down. Secure the removable cover to the heated blanket using the studs provided. Ensure that all studs are fastened to prevent the cover from moving.

No other cover other than that supplied with the blanket should be used with the heated blanket.

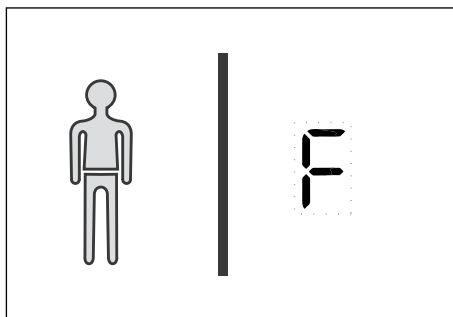
Ensure that the plug is securely fastened in the socket so that the locking clips are fully inserted and no gap between the plug and socket, as per picture below.



### NOTE

The controller plug is designed to only fit the socket correctly one way – if the plug does not push in fully, turn the plug around.

If the LCD screen displays an 'F' error message and the blue screen flashes continuously, this is an indication that the controller plug may have a loose connection or an interference has occurred with the power supply.



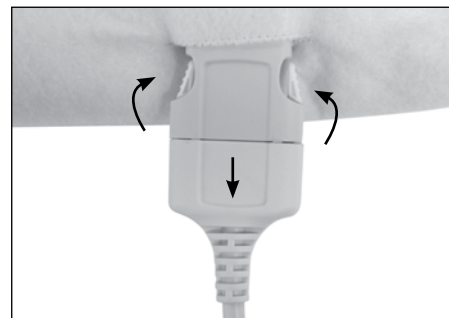
To correct, turn the controller switch to the 'OFF' position and turn the power off at the outlet, then disconnect and reconnect the controller plug into the controller socket, ensuring a correct fit.

Turn the power outlet back on and reset the electric blanket controller to continue using.

## TO DETACH THE CONTROLLER/S

Ensure the heated blanket controller is in the 'OFF' position and disconnect from the power outlet.

Push the locking clips on the controller plug together to release and withdraw the plug from the controller socket.



## STORING YOUR CONTROL UNIT

Remove the controller(s) when laundering your blanket. Store your controller(s) during summer months while your blanket remains on the bed as a comfortable under blanket.

## DUAL CONTROL UNITS

Your Double/Queen/King/Super King size heated blankets features two controllers for individual left and right side heating comfort.

## OPERATING YOUR HEATED BLANKET

Your BodyZone by Breville heated blanket has dual zone heating technology that allows you to choose from 6 heat settings for your upper and lower body and an auto-off timer which allows you to pre-program the blanket to turn off after a set number of hours (up to 9hrs).

Ensure the heated blanket controller(s) is switched to the 'OFF' position. Connect the controller to the blanket. Plug the cord into a 230V or 240V power outlet and switch the power on. Slide the control switch to either the 'MANUAL' or 'AUTO' function.

The LCD screen illuminates when initially switched on and when programming the heat and timer settings for easier visibility, but will dim after 10 seconds of inactivity.

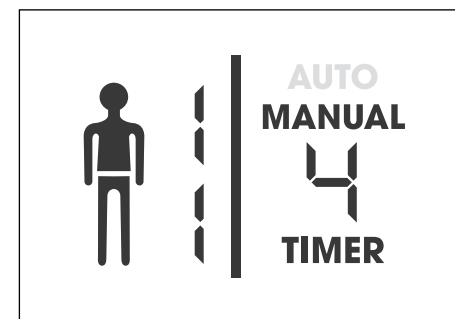


### NOTE

On initial use, it is recommended that the blanket be set on highest setting (6,6) for 3 hours before sleeping on the bed. This will assist in drying out any moisture which has been accumulated in the mattress.

## USING THE MANUAL SETTING

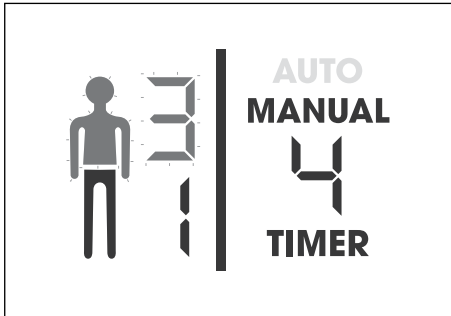
Slide the control switch down from 'OFF' to 'MANUAL'. The LCD screen will illuminate showing the default settings (1,1) and auto shut off timer of 4 hours.



## SELECTING A HEAT SETTING

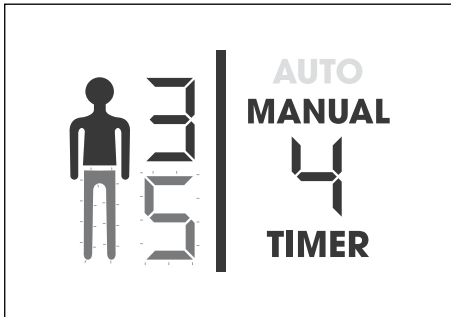
The BodyZone heated blankets have a heat setting range of 0 to 6 for each zone. This is displayed on the left hand side of the LCD display.

Press the 'HEAT' button; the upper body of the icon will start flashing, indicating that the temperature is being adjusted for this zone of the heated blanket.



Press the '+' and '-' buttons until the desired temperature setting is reached for this zone, then press 'ENTER' to confirm this setting.

To select the heat setting for the lower body, press the 'HEAT' button twice; until the lower body icon flashes.



Press the '+' and '-' buttons until the desired temperature setting is reached for this zone, then press 'ENTER' to confirm this setting.

Once the heat setting is confirmed the blanket will start heating.

### SETTING THE AUTO-OFF TIMER

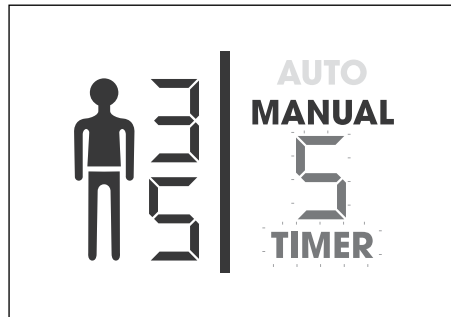
BodyZone heated blankets have a programmable auto-off feature. This timer can be programmed from 1 to 9 hours to automatically turn the heated blanket off. This is displayed on the right hand side of the LCD screen.

### NOTE

The auto-off function, either programmed or after 9 hours, will only turn the blanket off (no heat). The controller will remain in standby until manually switched to the 'OFF' position.

Press the 'TIMER' button; the number of hours will then flash.

Press the '+' and '-' buttons until the desired number of operating hours is reached, then press 'ENTER' to confirm.



### USING THE AUTO SETTING

The AUTO setting on the BodyZone heated blanket acts as a memory or favourites function. To program the auto setting, slide the control switch up from 'OFF' to 'AUTO', then follow the previous instructions for using the controller on the 'MANUAL' setting. The heated blanket can then be switched off at the controller.

When next used, slide the control switch up from 'OFF' to 'AUTO'. The LCD screen will illuminate and display the last manually programmed heat and auto-off settings.

### NOTE

It is not recommended that you sleep with the heated blanket switched on. Should you choose to leave your blanket on all night, however, the lowest heat setting (1,1) should be used.

### NOTE

When lying on an heated blanket, your body forms part of an electromagnetic field created by the blanket. Some people may feel a tingling sensation or subtle vibration as a result of this, or when touching someone else lying on the electric blanket. This is common to most heated blanket brands and only some people experience this effect. There is no cause for concern and the sensation is not an electric shock. All Breville heated blankets are quality tested in our Australian laboratories for safety, durability and performance and feature overheat protection as an additional safety feature.

### WHEN NOT IN USE

When the blanket is not in use, slide the control switch to 'OFF' and unplug the power supply cord for the power outlet.





## Care & Cleaning

DO NOT dry clean.

DO NOT iron.

Use only the following instructions when cleaning the heated blanket:

Before cleaning, ensure that the controller is unplugged from the power supply and detached from the blanket.

### SPOT CLEANING

- Sponge the affected area using a lukewarm neutral detergent or mild soapy solution.
- Follow this with a sponging action using a clean water solution.
- Remove any excess water by compressing the wet area between absorbent towels.

### HAND WASHING

- Immerse the heated blanket with controller(s) removed in a soapy solution of lukewarm water and mild, neutral detergent.
- Soak for five minutes then gently squeeze the solution through the blanket.
- Rinse thoroughly in clean, lukewarm water, then gently squeeze any excess water from the heated blanket.



### WARNING

The controller **MUST** be removed from the blanket when washing. Never immerse the detachable controller in water or any other liquid.

### MACHINE WASHING

The heated blanket can be washed in a domestic washing machine (size permitting) or by a commercial laundry.

- When washing in a domestic washing machine, wash on the WOOL or DELICATES setting using a neutral detergent or mild soapy solution.
- DO NOT wash on a HOT cycle; the temperature must be kept below 30° C.
- DO NOT use high speed or extra spin cycles.
- DO NOT machine wash with the controller(s) connected to the blanket.

### AIR DRYING

- Drape the heated blanket across a clothes line and drip dry.
- DO NOT use pegs to secure the heated blanket in position
- DO NOT Dry with a hair dryer or heater.
- DO NOT twist or wring dry.
- DO NOT tumble dry the electric blanket as it may damage the internal heating wires.
- DO NOT use moth balls or sprays.



### WARNING

DO NOT use the heated blanket if it is wet.

### WASHING THE REMOVABLE COVER

If the heated blanket has a removable quilted or fleecy cover, it can be removed and washed separately.

Once removed from the heated blanket, the cover can either be hand washed or machine-washed following the same instructions as for washing the heated blanket.

### MACHINE WASHING

The cover can also be washed in a domestic washing machine (size permitting) or by a commercial laundry.

- To wash the cover in a washing machine, wash on the WOOL or DELICATES setting using a neutral detergent or mild soapy solution.
- Once washed, ensure to stretch the cover into its original shape whilst damp to prevent distortion during drying.
- Dry naturally by draping over a clothes line or tumble dry on a LOW setting only.
- DO NOT iron
- DO NOT wash on a hot cycle, the temperature must be kept below 30° C
- DO NOT use high speed or extra spin cycles.

### STORAGE

When not in use, pack the heated blanket in its original packaging for protection and store in a cool, clean and dry location.

Avoid pressing sharp crease into the blanket and store where no objects will be placed upon it.

It is recommended that during the summer months or when the blanket is not in use for extended periods of time, remove the controller/s and store whilst leaving the heated blanket on the bed as a comfortable under blanket.



## Breville Customer Service Centre

### Australian Customers

**Mail:** Locked Bag 2000  
Botany NSW 1455  
AUSTRALIA

**Phone:** 1300 139 798

**Fax:** (02) 9700 1342

**Email:** Customer Service:  
askus@breville.com.au

**Web:** [www.breville.com.au](http://www.breville.com.au)

### New Zealand Customers

**Mail:** Private Bag 94411  
Botany Manukau 2163  
Auckland NEW ZEALAND

**Phone:** 0800 273 845

**Fax:** 0800 288 513

**Email:** Customer Service:  
askus@breville.co.nz

**Web:** [www.breville.co.nz](http://www.breville.co.nz)

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Thought for food

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